

THE ROLE OF RELIGIOUS-BASED BEHAVIORAL COUNSELING IN CHANGING STUDENTS DELINQUENCY

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ABSTRACT

Students who experiencing delinquency in the scope of Higher Education should be immediately assisted because it disrupts their development. If the development is disrupted then the low performance index that ultimately can not be prepared to be a scholar candidate who is reliable. For that reason, they need to be given the right counseling that can change the delinquency to be adaptive. One of the most appropriate counseling is religious-based Behavioral counseling. This study aims to: to illustrate the implementation of religious-based Behavioral Counseling Model in dealing with students experiencing delinquency to be an adaptive student. The method used in this research is descriptive qualitative research continued with Counseling Guidance Action Research. The research was conducted at FKIP UNISRI Surakarta. Study time is planned for 6 months. Beginning with the data collection of students who experienced delinquency then continued with the application of behavioral counseling based on the student's religious. Population in this research is student of FKIP UNISRI, Sample in this research is student of study program. Techniques Data collection using interviews, observation, FGD, and Tests (questionnaire), while the validity of the data using source triangulation, triangulation method, and Member checking. Analysis of data used is an interactive analysis model as proposed by Miles and Huberman (1992). The results showed that religious-based counseling can change the delinquency students into adaptive students.

Key words: religious-based Behavioral counseling, delinquency, students

INTRODUCTION

Implementation of guidance and counseling consists of guidance and counseling activities. Guidance activity is the process of providing assistance to the

individual to be able to understand himself and his environment, while counseling activities is a process of providing assistance is done through counseling interviews by an expert to

individuals who are experiencing a problem that leads to the problem faced by the client. Individuals who have problems in the scope of Higher Education may consist of students, lecturers, and employees, for the first thing done to students because they as individuals who will be developed into a reliable human resources and morals who have a high Soft Skill.

Implementation of counseling services in Higher Education will appropriately assist students in overcoming the problems, so that students can develop their Soft Skill normally and optimally. Counseling model conducted by lecturers is very influential on student behavior. To overcome the delinquency of students it is necessary to apply counseling models that are able to change behavior, improve faith, inspire confidence, responsible attitude, honest attitude, respect for others, humble, and merciful. Rarely the counseling model applied to improve student Soft Skill, therefore it is necessary to conduct behavioristic based religious counseling that effectively and efficiently can improve student's Soft Skill.

The results of previous research showed that First: Student Softskill Improvement Through Information Services In Students Semester II Study Program BK FKIP UNISRI Year 2015 (Journal of Education Profession). Second, The Problem-Based Entrepreneurship Learning Model Development to Improve The Life Skills of Teacher Training Students in Private Universities throughout Solo Raya. (Jurnal Dewantara),third: Development of Problem Based Learning Model Learning In improving Student Achievement (Journal of Exploration), Fourth: Increasing Discipline Lecture through Group Counseling on Students of Semester III Study Program BK FKIP UNISRI (Widya Wacana Journal). To Five: Development of a Comprehensive Intelligence-Based Youth Counseling Model To Improve Student Character. (Online International Interdisciplinary Research Journal).

Survey results in March 2016 in BK Prodi scope found some students who experience delinquency, it is shown by their attitude that is not responsive to the cleanliness of the learning environment, the attitude is less ethical in communicating, less responsible for the

task, and less tolerance of friends. Lecturers as educators have a target of teaching and educating students well, for it is not only the work of transfer knowledge that is occupied but overcome student delinquency and improve the student's Soft Skill is an important job. One way that can be done is to apply counseling services. Appropriate counseling service model to improve delinquency and improve student's Soft Skill is a model of behavioristic based behavioristic counseling service, according to the intrinsic nature of human being is a religious creature (homo religious) that is a creature who has the nature to understand and accept the truth values that are sourced from religion, and at the same time make the truth of religion as a reference attitude and behavior. This religious-based guidance and counseling is concerned with integrating religious values in the process of guidance and counseling. For that teachers / counselors are required to have an understanding of the nature of man according to religion and the role of religion in human life (Syamsu Yusuf and Juntika Nurihsan, 2012: 135).

Based on the above description it is necessary to do research on the Role of

Religious-Based Behavioral Counseling in Overcoming Student Delinquency.

RESEARCH METHODS

Research Problems

In order for research to be directed , it is formulated the following problems:

1. How is the condition of student attitude FKIP UNISRI ?
2. How is the implementation of Religious-Based Behavioral Counseling in overcoming student delinquency?
3. What are the advantages and disadvantages of Religious-Based Behavioral Counseling in overcoming student delinquency?

Research purposes

In accordance with the formulation of the problem in this study, the purpose of the study are as follows:

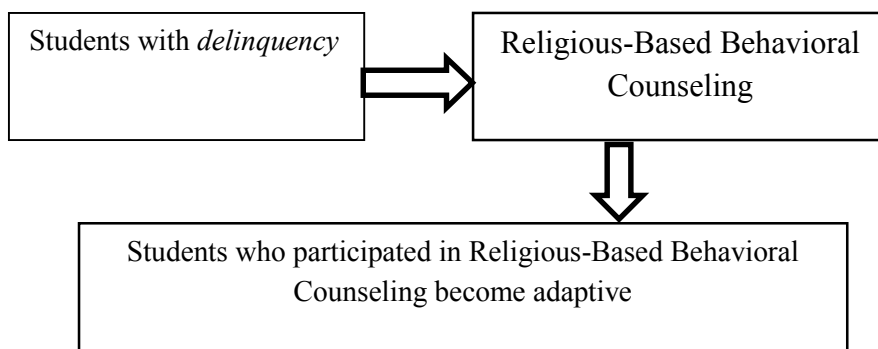
1. To determine the condition of student attitudes FKIP UNISRI.
2. To know the implementation of Religious-Based Behavioral Counseling in overcoming student delinquency.
3. To know the advantages and disadvantages of Religious-Based Behavioral Counseling in overcoming student delinquency.

Benefits of research

This research is expected to provide practical benefits in the implementation of guidance and counseling in Higher Education. From the results obtained during the study, this study is expected to be useful in

depicting the implementation of Religious-Based Behavioral Counseling. It can give more information about the advantages and disadvantages of Religious-Based Behavioral Counseling in overcoming student delinquency.

Rationale/ Road map of the Research



Picture 1: Rationale

Population, Sample, and Sampling

According to Suharsimi Arikunto (2002: 108), population is the whole subject of research or individuals who have one characteristic of the samePopulation which is a generalization region consisting of objects or subjects that have certain qualities and characteristics set by researchers to learn and then drawn conclusions (Sugiyono . 2010: 90). Population in this research is student of FKIP UNISRI. The sample is part of the number and characteristics possessed by that population. (Sugiyono, 2010: 81).

"The sample is a partial or representative population studied" (Suharsimi Arikunto, 2002: 109). Sampling is a process of selecting a certain amount of population to be representative of population (Nasution, 2002: 86). The sample selection technique in this research is purposive sampling, that is sample selection based on certain considerations. Selection of informants based on position and access to the problems in depth so that it can be a steady source of data.

Data collection technique

There are several techniques used in collecting data, namely: Observation is a technique of collecting data that is done systematically and intentionally, through observation and recording of the symptoms investigated (Gantina, 2011: 57). Observations in this study were conducted to collect student data who experienced delinquency. An interview is a meeting of two or more persons with the intention to extract information either in the form of fact or opinion of a person for a particular purpose (Lexy.J.Moleong, 2002: 135). This interview was conducted to elementary school children to find out information about their characters both high and low. Focus Group Discussion (FGD) is a way of group interviews, and the data obtained at the same time is a more robust data because it has been discussed by many speakers as members of the group discussion (H.B. Sutopo, 2006: 63). FGDs will be conducted between teachers, researchers, and related subjects, to strengthen the data collected. The test is a tool or procedure used to know or measure something in an atmosphere, in the way and the rules that have been determined (Suharsimi Arikunto, 2002: 52). The test will be given in the form of performan test to know the

character of the child. Implementation of Counseling, Counseling is a behavioral group counseling.

Data validity, to improve the credibility of data using extension of observation, research persistence, triangulation, peer discussion, negative case analysis, and memberchecking (Emzir, 2010). Triangulation used is triangulation method, triangulation theory, and source triangulation.

Data Analysis Technique used is an interactive analysis model as proposed by Miles and Huberman (1992), covering stages: data collection, data reduction to dispose of irrelevant data in the process of preparing the proto-model, displaying data, in the form of classification, appearance, description, distribution and so forth, and inference or verification.

RESEARCH RESULT AND DISCUSSION

Research result

Attitude Conditions of students FKIP UNISRI

Students of the Faculty of Teacher Training and Education, Slamet Riyadi University consists of six courses: Guidance and Counseling Study Program, Pancasila and Citizenship

Education Program, English Education Study Program, Elementary School Teacher Education Study Program, Early Childhood Teacher Education Study Program, and Information Technology Education courses. Students from some of these studies have a variety of characters and habits. This research will be focused on the students of Guidance

and Counseling Study Program II semester. Students of the Delinquency Guidance and Counseling Study Program are listed in table 1 below.

Table 1: List of Student's Name of Guidance and Counseling Study Program for Semester II with Delinquency.

No	NIM	Nama	Jenis <i>Delinquency</i>
1	16500037	BHWM	Indiscipline, ditching, smoking, likes to lie.
2	16500001	RIW	Indiscipline, ditching, smoking, dare with parents.
3	16500038	YRRD	Indiscipline, ditching, smoking, dare with parents.
4	16500012	AS	Indiscipline, late college, likes to lie.
5	16500009	RW	Indiscipline, smoking, dare with parents.

The Implementation of Religious-Based Behavioral Counseling in overcoming student delinquency

Counseling group applied in this research use some approaches that is operant learning, unitative learning or

social modeling, cognitive learning, emotional learning. Designing a religiously-based adaptive behavior (Al Quran and Hadith) that is packaged in the form of programmed teaching

recordings (vidio) is the main activity before conducting counseling activities.

Group counseling is a process of using group dynamics to help counselees solve problems. The techniques used in group behavioral counseling in this study were Reinforcement, Shaping, Modeling, and Behavioral Rehearsal. The specific stages and principles universally used in the behavioral group are as follows:

1. Formation of groups, (forming the group). The formation of the group consists of organizational details that must be demonstrated before the formation of the group begins. In this study the group was formed from students who experienced delinquency consisting of five people.
2. Establish initial group attractions and identity. Leaders play a major role in this process through the guidance of individual interviews on pre group while members are able to explore deeper goals. In this study the leader played by researchers.
3. Building openness and exchange within the group. Leaders encourage behavior by letting

group members know what to expect, through the introduction of sub-groups to others, through modeling that group members ask to do. Modeling here is done by researchers using short film medium then discussion as introduction.

4. Establishing a behavioral framework for all participants, at this time group leaders deliver their members within the frame of behavioral reference, which will directly control group behavior.
5. Establishing and implementing a model for change.
6. Maintaining behavior change and eliminate the need for group support.

The results of the implementation of behavioral group counseling are presented in the following table:

No	Nama	Jenis <i>Delinquency</i>	Frekuensi Sebelum Penelitian	Frekuensi bulan 1	Frekuensi bulan 2	Frekuensi bulan 3	Frekuensi bulan 4
1	BHWM	Indiscipline, ditching, smoking, lying.	very often	very often	Often	rarely	sometimes. (90%)
2	RIW	Indiscipline, ditching, smoking, brave with parents.	Very often	Very often	Often	rarely	Not at all (100%)
3	YRRD	Indiscipline, ditching, smoking, brave with parents.	Very often	Very often	Very often	rarely	sometimes. (90%)
4	AS	Indiscipline, late college, likes to lie.	Very often	Very often	Often	rarely	Not at all (100%)
5	RW	Indiscipline, smoking, brave with parents.	Very often	Very often	Often	rarely	Not at all (100%)

Advantages of conducting religious-based behavioral group counseling in overcoming student delinquency.

In the implementation of counseling behavioral group, filtering group members is more simple because researcher as a lecturer and academic consultant often communicate with the students so it easy to find students with delinquency. The researcher functions as a group leader in teaching group members about group processes more

smoothly. In determining the effectiveness of work techniques in groups is also easier. Function strengthen group members achieve specific goals also smooth and simple. Relevant Qur'anic verses to change the behavior of the counselee are very familiar and easily understood by the counselee. One of the advantages of group counseling compared to behavioral oriented individual counseling is the group atmosphere that provides various social

models and role models that members can imitate.

The weakness of the implementation of religious-based group based counseling in overcoming student delinquency.

Some things that become weaknesses in the implementation of behavioral group counseling, among others, timeliness in conducting counseling. Counsees with different behavioral targets require the completeness of different means and media that require a lot of thinking power. The counselee in learning patterns of behavior takes a long time.

Discussion

First Implementation of Religious-Based Behavioral Counseling

Group counseling was conducted in March 2017, at the laboratory of BK. The group formed consists of five students who perform delinquency ie BHWM, RIW, YRRD, US, and RW. Researchers conduct behavioral group counseling with a unitative learning approach or social model, by designing an adaptive behavior that can be modeled by the counselee, by playing a short film.

Second Implementation of Division-Based Behavioral Counseling

Group counseling conducted in April 2017. Researchers conduct behavioral group counseling with the approach of Operant learning, things to note is the reinforcement that can form the behavior of the desired counselee, the counselor can choose his actions to be able to provide reinforcement to the behavior of the counselee.

Third Implementation of Religious-Based Behavioral Counseling

Group counseling was conducted in May 2017, at the laboratory of BK. Researchers conduct behavioral group counseling with Cognitive learning approach, in the form of verbal teaching, contact between counselor with counselee and role play. More emphasize aspects of cognitive change counselee in an effort to help the counsel solve the problem.

Fourth Implementation of Based Behavioral Counseling Group

Group counseling was conducted in June 2017, at the laboratory of BK. Researchers conduct behavioral group counseling with Cognitive learning approach, in the form of verbal teaching, contact between counselor with counselee and role play. More emphasize aspects of cognitive change counselee in

an effort to help the counselor solve the problem.

Changes in counselee behavior based on behavioral behavioral behavior based on the relevant religious theory (Syamsu Yusuf and Juntika Nurihsan, 2012: 133). Children have a religious nature, religious nature is a potential whose developmental direction is very dependent on the religious life of the environment in which the child lives, such as family environment, schools, and the wider community. If the condition of the environment is conducive, giving teachings, guidance with good motivation and good faith in the practice of religious values, then the child will develop into a man of noble character, virtuous pekrti (berakhlaaqul kariimah). One of the environments in the school in question is the implementation of religious-based guidance and counseling.

CONCLUSIONS AND RECOMMENDATIONS

Conclusion

Based on the data analysis above it can be concluded that: Conditions attitude of students FKIP UNISRI. very varied in accordance with the origin of each region, however there is a group of

students who are already adaptive to the life of the campus. The implementation of behavioral counseling in religious basis is very effective to change student delinquency attitude into adaptive attitude. This is indicated by the change in behavior of counselee who has been conducting behavioral group counseling for four months in the first month four times by applying Unitative learning or social model approach, the second month four times applying the approach of Operant learning, the third month three times applying the approach of Cognitive learning , and the fourth month twice applying the Cognitive learning approach.

The advantages of religious-based behavioral group counseling in overcoming student delinquency, the researcher's function as group leader in teaching group members about group process more smoothly. In determining the effectiveness of work techniques in groups is also easier. Function strengthen group members achieve specific goals also smooth and simple. Relevant Qur'anic verses to change the behavior of the counselee are very familiar and easily understood by the counselee.

While the shortcomings in the implementation of behavioral group counseling, among others, Counselor with different behavioral targets require the completeness of facilities and different media so that requires a lot of thinking power. The counselee in learning patterns of behavior takes a long time.

Suggestion

Based on the above conclusions, then in this study can be suggested

things as follows. Should lecturers and employees can be role models for students in behaving that are adaptive. Should lecturers in helping students overcome problems and change their behavior so that adaptive can apply a varied approach in order to easily achieve the goal. Students should be willing to improve their cooperative attitude in conducting counseling and willing to cultivate group counseling as a medium for solving group problems.

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