THE ROLE OF INDIVIDUAL COUNSELING SERVICE TO ADDRES BULLYING VICTIMS OF STUDENTS SMK BINA PATRIA 1 SUKOHARJO IN THE ACADEMIC YEAR 2020/2021.

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ABSTRACT

Desi Andriani. The role of individual counseling service to address bullying victims of students SMK Bina Patria 1 Sukoharjo in the academic year 2020/2021. Thesis. Surakarta : Teacher Training and Education Faculty. November. 2020

The purpose of this research is to know how the role of individual counseling service to address bullying victims of students SMK Bina Patria 1 Sukoharjo in the academic year 2020/2021.

In this research, the researcher used qualitative descriptive research. The subject of this research is the students of SMK Bina Patria 1 Sukoharjo. To collected the data, the researcher used interview, observation, and documentation. Inteview techniques are used to obtain direct data from source and clients. Observation is used to obtain data through observations of clients related to activities carried out by clients, and documentation techniques ia to obtain written data and photographic data of client activities. To get the validity of the data, the researcher used triangulation data and method. To analyzed data, The researcher used data collection, data reduction, data display, and drawing conclusion.

The result of this research is explain how the role of individual counseling service to reduce victims of bullying at SMK Bina Patria 1 Sukoharjo. Seen from the counseling result, students become less frequent and moody anymore, these changes are felt by clients by filling in more useful and positive activities, so the clients can slowly forget the events they have experienced. Beside that, there are also those that cannot be controlled by the client, namely anxiety, restlessness and lazy to come to school, it cannot be practiced by clients because of the situation and conditions during the pandemic.

Keywords : *Individual counseling, Bullying victims*.

1. Preface

Adolescence is a time when a person begins to experience slavery where a person is in childhood and adulthood. Adolescence is a period of multiplication from junior high school (junior high school) then into the world of high school (high school) or vocational high school (vocational high school), where currently the problems being faced by adolescents are social change, biological and cognitive. Also, adolescents must be able to interact or adapt to their new environment, such as when entering a new school environment, they must be able to adapt to an environment that is slightly different from the previous environment.

Bullying can occur in school children, because of the characteristics of school children who tend to be unstable. Usually, this bullying is done repeatedly and can become a habit that can harm other people who are victims of bullying the impact of this bullying is that a person can experience reduced self-confidence, reduced learning motivation, decreased learning achievement, experiencing depression, traumatic and some even ending their own life because of the pressure experienced when they get bullying behavior this study the authors chose to use individual counseling services, because individual counseling services are more effective and efficient in getting to know the client's personal deeper, so that clients can be open to researchers to tell all the problems they experience and clients feel safe when telling stories, because of the process. In this outreach, only clients and researchers can maintain mutual trust. After clients participate in and carry out individual counseling service activities, it is hoped that students can reduce and not become victims of bullying behavior anymore, besides that, clients can help overcome the problems they face.

Based on research conducted by Mahdi (2017) in his thesis entitled "Implementation of Individual Counseling Services to Overcome Verbal and Non-Verbal Bullying Behavior on gender differences in MTSN Sleman Maguwoharjo Yogyakarta" concluded that verbal and non-verbal bullying occurred to female students and students. the man at MTSN Maguwoharjo.

2. Literature Review

In this study, the literature review used is Theory of Individual Counseling Services, Bullying.

2.1. Theory About
Definition of Individual Counseling

Sudrajat (2013: 33) individual counseling service is a process of assisting with counseling interviews by counselors to counselees who are experiencing or have a problem, which aims to overcome the problem that is being faced by the counselee.

Switri (2019: 114) individual counseling services are guidance and counseling services that allow students to get face-to-face services with guidance and counseling teachers or counselors to discuss and alleviate their problems.

Based on the understanding of several experts above, counseling is the provision of assistance to individuals or clients using interviews which are usually face to face to get help to develop talents, interests, and potential that exist in the individual.

2.2. Theory About
Meaning Bullying

Bullying is a problem whose impact must be borne by all parties concerned. Be it the perpetrator, the victim, or he who witnessed the action (Priyatna, 2010: 2)

Bullying is behavior that is shown by the violence that occurs physically, verbally, non-verbal/psychological, and electronically against a group or someone weaker by a person or group (Zakiyah, 2017: 326)

So from the definition of bullying above, it can be concluded that bullying is an act of someone to attack other people by using physical or verbal threats. For example, hitting, making fun, harassing, etc.

3. Metode Penelitian

The research method in this study uses the method of interviewing, observation, and documentation.

3.1. Theory About
Definition of Interview

Moleong (2017: 186) interviews are conversations with a specific purpose. conversations conducted by two parties, namely the interviewer (interviewer) who asks questions and the interviewee (interviewee) who provides answers to the questions given

Gunawan (2014: 160) interview is one of the data collection techniques which is carried out by oral question and answer where two or more people face to face directly by giving hypotensive questions that must be answered by the source. In this study, interviews were used to obtain in-depth data/information about a problem from the Individual Counseling Service to Reduce Student Bullying Behavior.

From the above understanding, it can be concluded that the interview is a face-to-face question and answer activity between the interviewer and the interviewee. In this study, interviews were conducted by researchers with sources, namely parents and client friends to obtain accurate and valid data.

3.2. Theory About
Definition of Observation

Sukmadinata (2013: 220) observation is a technique for collecting data by observing activities that are happening. These activities can occur when a teacher is teaching a class, the principal is giving directions to teachers and employees, or students are carrying out group discussions inside or outside the classroom.

Salahudin (2010: 72) observation is a way of collecting the desired data by making direct observations using the five senses actively, especially sight and hearing to obtain effective data from the target object or object being studied.

3.3. Theory About
Definition of Documentation

Sudaryono (2017: 219) documentation is a record of past events which can be in the form of writings, pictures, or monumental works of a person. Documentation is shown to obtain data directly from the research site because the results of the research will be more credible if they are supported by existing photographs or academic papers. In this study, documentation is used to complement the data collection by observation and interviews, so that the credibility of the qualitative research results will be higher and in this study, the researcher will collect documentation data in the form of photos.

4. Results and Discussion

The results of this study are

4.1. Interview result

Based on the results of interviews with clients, the client's parents and close friends of the client get data that has been collected and then analyzed by the researcher so that they get the results of knowing the client's personality when in a school environment, knowing that the client becomes an outstanding student by showing that he is included in the top ten in the class, knowing the client's activities at home, knowing changes in the attitude of clients who behave differently when they are at home, knowing that clients are being victims of bullying behavior in their school environment, clients are victims of verbal bullying and psychological bullying, clients experiencing changes in himself to be anxious and restless when he meets people

who bully him, and the last one knows that the client experiences symptoms such as daydreaming, gloomy, anxious, restless, lazy to come to school, and even skipping school.

4.2. Observation Results

In the first stage of the observation process, the researcher found the personality of the client who was a little shy with new people but over time the client was easy to get along with and cool, besides that the client's house was very close to the Sukoharjo police station, the environmental conditions were crowded, a little noisy from the sound of vehicles because the north of the client's house was One-way road that is usually passed by cargo vehicles, the neighbors around the client's house are quite friendly and the conditions around the client's house are clean.

In the second stage of the observation process, the researcher found data that the client was the second child of two siblings. Her father works as an entrepreneur, her mother is a housewife who will start a food stall in front of her house and her brother also has a job.

In the second stage of the observation process, the researcher found data that the client was the second child of two siblings. Her father works as an entrepreneur, her mother is a housewife who will start a food stall in front of her house and her brother also has a job.

According to what the client said, that the client felt shunned by his friend without a reason, that was what made the client feel gloomy, daydreaming about thinking about this. The client also feels anxious when he meets his friends, he is afraid of being teased by the name of his parents. Sometimes clients feel lazy to come to school and even skip school to avoid being teased by their friends.

From the results of observations of data he found in the form of direct facts that clients are victims of bullying behavior, this is indicated by the symptoms that arise from the client related to verbal bullying and psychological bullying.

Analyze from the results of observations/observations made that the discovery of between theoretical studies and data findings obtained from continuous observations, namely that the client is one of the victims of verbal and psychological bullying behavior.

4.3 Documentation Results

The data source used in the data collection process during the research is documentation. Documentation is used to obtain data related to clients in the form of photos or images of client activities, written data, and voice records. Data collection in the form of documentation / photos can be obtained during the process of carrying out observations, interviews and during the counseling process when it takes place, letters related to the research carried out.

The next data used in the data collection process during the study used voice records. Sound recordings were obtained during the counseling process, the interview process with the client, and the client's closest person who participated in data collection in this study.

The last data collection in this research is written personal data (biodata) to complete the data needed by the researcher. The data that has been collected in the documentation will be used as evidence that the researcher has carried out the research.

5. Conclusions and suggestions

A. Conclusions

Based on research conducted for approximately 1 (one) month and collecting data by conducting observations, interviews, documentation, it can be concluded that the problem shown is that the client becomes a victim of bullying by his schoolmates.

This shows that there are symptoms and impacts of bullying that arise on clients such as gloomy, daydreaming, anxious, restless, and lazy to come to school from the symptoms shown by the client being the victim of bullying.

From these problems, clients are given individual counseling services that aim to help alleviate problems that are being experienced by clients, after carrying out individual counseling, there are little changes in the client such as it is not easy to daydream and gloomy anymore, these changes are felt by the client by filling in with more beneficial activities so that clients can slowly forget about the events they have experienced.

Also, there are also symptoms of victims of bullying that the client cannot control, namely anxiety, anxiety, and laziness to come to school, this cannot be practiced by the client directly because of the situation and conditions during a pandemic like this, so that the client cannot practice business - the intended effort to eliminate it.

Thus it can be concluded from the research that has been conducted that individual counseling services that have been carried out for four meetings have a role in overcoming victims of the bullying of students of SMK Bina Patria 1 Sukoharjo in the 2020/2021 school year.

B. suggestions
Based on the above conclusions, it can be suggested as follows:

For Students
Open yourself to be open and tell problems to parents, teachers, and friends so that bullying behavior can be handled immediately and not many victims of bullying.

For Counselor
1. Create guidelines regarding the prevention of bullying behavior.
2. Make regular reports about the state of the school and ensure that there is no bullying in the school environment.

For Parents
1. Pay attention to and monitor children's activities both at home and outside the home.
2. Parents can teach children to be assertive and set good examples at home.

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